

## Tours & Activities

### Cano Negro Tour

The Caño Negro Wildlife Refuge and the Rio Frio are biological humid areas considered to be one of the richest in biological diversity in Costa Rica. Here you can find a great variety of resident and migratory birds, plus three different species of monkeys, iguanas, sloths, turtles and caimans.

The tour begins picking up the "Nature Lovers" from the hotel in a very comfortable bus for a 1-½ hour transfer to Los Chiles (a culturally mixed village only 4-km from the Nicaraguan border). There a boat waits for your river adventure, so a 2 ½ hour will begin floating through the safari of the Tropical Rain Forest and pastures once you arrive at the marsh. An experienced English/Spanish speaking guide leads the tour.

Along the river we can see howler monkeys, spider monkeys, white-faced monkeys, also the three-toed sloth and some reptiles like caimans, Jesus Christ lizard and turtles

**Duration:** 9 hours approx



### Rio Toro Rafting

Rio Toro is the right place for an adrenaline full-day tour. This rafting experience (3-4 level) will take you along 16 kilometres of deep-canyon gorges and waterfalls, full of flora and fauna. Only one hour away from La Fortuna! This experience begins with a professional guide safety talk, while you get set up with helmet, life jacket and paddle to begin the tour. Along the way, you will stop for a delicious tropical fruit breakup; afterwards, you will enjoy the typical Costa Rican lunch: the well-known 'casado'.

**Duration:** 7 hours approx



## Tours & Activities

### Celeste River & Tenorio Volcano

Mysterious and imposing, in the very bowels of the Tenorio Volcano a demonstration of hidden power transform the union of the Buena Vista and Roble rivers into a blue sky stream, creating one of the most extraordinary phenomenon's of nature, the "Light Blue River". Along the river you'll find hot springs, bends of heavenly tranquillity and a waterfall of singular beauty, all surrounded by varied flora and fauna. You leave at 7:30 a.m. from La Fortuna.

The tour arrives at the Tenorio Volcano National Park, were begins a 7 km hike (approximately 4 hours) throughout the tropical rain forest. It will arrive to "Los Teñideros" of the Rio Celeste, the site where two streams of crystalline water come together and form a heavenly colour blue that gives the river its name.

The tour continues through ecological trails that lead you to the "OLLAS" -openings in the earth where you can excavate healing mud- take a mud bath, and a dip in the natural hot springs meanwhile observing the attractions of Tenorio Volcano.

You'll continue with a hike through the jungle to seek out the volcano's furnace vents that expel gases of extreme high temperatures.

The final reward is an exquisite Costa Rican typical lunch at the end of your journey; after that, the ride is back to the hotels at La Fortuna.

Duration: 9.5 hours approx



## Tours & Activities

### Arenal Hanging Bridges

Arenal Hanging Bridges is a new tourism attraction in La Fortuna, only 4 km (2.5 miles) west of Tabacón within a 250 hectare (618 acre) reserve of primary forest. Visitors who love nature can enjoy of 15 bridges from 5 to 100 meters long, they were friendly design along 3 km rain forest circuit of interpretive trails and built with paving blocks to prevent slipping.

The bridges are built of aluminum, galvanized steel and concrete, to ensure maximum security for their visitors. They were designed by structural engineers with the most demanding safety margins in the world.

A naturalist guide will get you through the natural history by opening the fascinating doors and colors of the Tropical Rain Forest world for you. The imposing vistas of the Volcano from the hanging bridges over the forest created a perfect combination for an unforgettable experience.

Duration: 04 hours approx

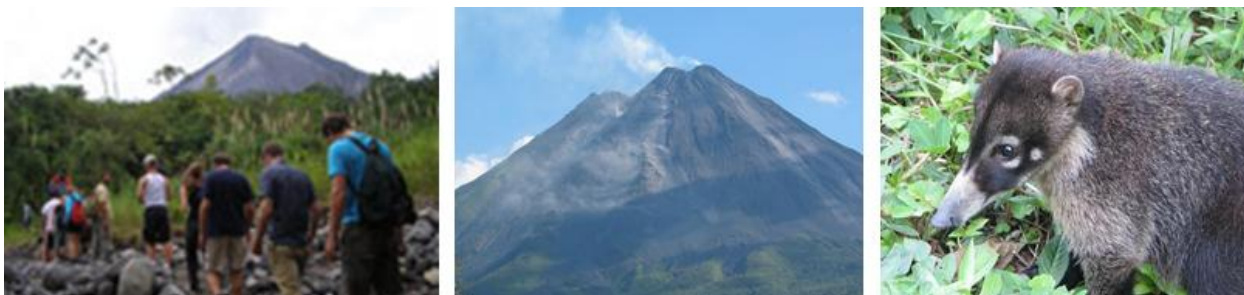


### Arenal Volcano Hike Tour

Before the active period of 1968, a lavish canopy of vegetation covered the Arenal Volcano. People that climbed Arenal's summit related that inside the crater there were big trees and at night, they used to sleep in warm areas places due to small steam outlets. Right now, the green area is located at the east side of the Mountain, and other little green parts can be seen on the north and the south of the volcano.

You can enjoy of the most extraordinary view of the Arenal Volcano on a gentle hike along the base of this marvelous "Mountain of Fire". The hike begins in one the trails close to the volcano, this trail will take you through the forest over recent lava flows and the area destroyed in 1968 (now in the process of regeneration). This trail takes about 2 ½ hours to be completed.

Duration: 4 hours



### Horseback Riding to La Fortuna Waterfall

The length of the tour is approximately four hours; from La Fortuna to the final destination is a distance to cover of 5 ½ kilometers towards southeast. This means you will spend 1 ½ hours to get to the rest site of the horses.

A beautiful example of the Costa Rican country site will be found along the way, cattle farms and agriculture, also the chance to see some birds as oropendolas and toucans. After that, you have to walk five hundred meters into the forest to get to the waterfall, which is 70 meters high.

At the base of the waterfall there is a “natural pool” where we can swim in the fresh water of La Fortuna River for about one hour.

Duration: 4 hours approx



### Kayak on Lake Arenal

This tour leaves early in the morning from La Fortuna or during the afternoons to enjoy of a pleasant time of kayaking on the Arenal Lake and breathtaking views of the Arenal Volcano.

Arenal Lake is the largest and most important lake in Costa Rica, it was man made in 1974 to provide hydroelectric energy for the country. It is also a place where you can find different kinds of resident and migratory birds. Sometimes mammals can be seen in the surroundings.

Experience the beautiful native flora and fauna of Costa Rica, while learning and/or using basic kayak techniques, along the lake. During the trip you may observe different species of birds like the “Flycatcher”, “Kingfisher”, “Great Blue Heron” and “Aninga” and may also possibly hear the Howler monkeys!

Duration: Approximately 4 ½ hours.





# Arenal



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### Safari Float

Enjoy the sights and the sounds of the rainforest and experience its peacefulness of paddling the Peñas Blancas River. Monkeys, sloths, iguanas, crocodiles and numerous tropical birds are waiting for you.

A professional bilingual guide will share with you educational and interesting explanations of the plants and animals found during the float

You will truly appreciate the wonders of Peñas Blancas River and the surrounding rainforest as traveling down the river without a motor, in this way you will enjoy the journey quietly rowing and taking photos.

Make sure to bring your camera and binoculars on this tour! This is half day tour specially created for people with a tight schedule.

Duration: 4 hours approx



### Sky Tram & Sky Trek

Located in a unique transition area between the rain forest and the Monteverde Cloud Forest you will find the Arenal Reserve. Experience the most spectacular views of the Arenal Volcano & Lake from the Sky Tram or the Sky Trek (zip lines), there you will take a nice hike through trails full of flora and fauna; whatever your choice is, you will always remember this place.

Sky Tram is a 15 minute aerial tram tour through the rain forest to the “Miguel Angel” observatory, where you will have spectacular views of the Arenal Volcano & Lake, and the Tilarán mountain range.

Sky Trek is a 3280 foot long zip line system that gives you the opportunity to enjoy the rain forest and its beautiful views in a fun, easy and safe ride.

Duration: 4 hours approx



## Tours & Activities

### Canyoning Tour

This adventure trip begins with a 30-minute 4x4 drive into the tropical rainforest outside the town of La Fortuna, in the shadow of the Arenal Volcano.

You will trek through the forest on magical trails that lead to some of the most spectacular waterfalls in Costa Rica, a place very few people get to experience. Along the way you will have the chance to discover the secrets that lie hidden deep within the canyon.

From the first waterfall you will rappel down from the top into the beautiful and pristine canyon below. There are 5 rappels, 4 of which are along side or right in waterfalls, and one dry rock face.

Then a short trek out of the canyon on a magical trail, jump back in the 4x4 vehicles and head back to the base camp.

